

## Tom's Automotive

We have been very fortunate to have the support of many businesses in this community for many years. Tom's Automotive has been one of our longest supporters. Not only do they support us through a permanent food drive at their shop off Fauntleroy in West Seattle, they do almost all of the maintenance on our aging van. Tom's has been providing this service to the West Seattle Food Bank for well over 10 years. Tom's Automotive's involvement began one Christmas when Tom's staff held a food drive as a way to support the community. When Christmas was over they thought "people are hungry all year long, we need to make this a year long effort". Tom's has been a strong supporter of the West Seattle Food Bank ever since.

Our van is very important to the operations of this food bank. It is on the road picking up groceries from our local food donors every day. On an average day it will make at least 10 stops at local



*Pictured above are the staff of Tom's Automotive*

stores and organizations and picks up close to 1,000 pounds of food. This puts quite a bit of wear on our van. We are extremely grateful to have Tom's Automotive provide this very vital service, maintenance on our van, so that we can keep food coming into the food bank all year long.



*Stoney Plains Organic Farms is one of the many local farms that provide fresh organic produce to the West Seattle Food Bank. Local farms and other vendors at the Sunday Farmers Market provide between 5,000 and 10,000 pounds of produce and other organic product to the West Seattle Food Bank every year. Quality, fresh produce is vital to all our health. We are very fortunate to have the support of local farmers so that we can provide fresh produce to our clients.*

*Quality, fresh produce is vital to us all. We are very fortunate to have the partnership of the local farmers so low-income families in this area have access to fresh produce.*



In early September the staff and Board of the West Seattle Food Bank and Delridge Neighborhoods Development Association along with our Architects; Environmental Works, our general contractor; MarPac, and the subcontractors all celebrated the halfway completion of the West Seattle Food Bank and Community Resource Center. Pictured above is WSFB Board member Karen Lezon in one of the 34 units of permanently affordable housing.



# Food For Thought

**It's not too late to donate to the 25th Anniversary Tile Drive.** Through a donation of \$250 to the 25th Anniversary Tile Drive, an engraved tile will be on permanent display at the new West Seattle Food Bank and Community Resource Center. Every tile will be engraved as requested by the donor, making tiles excellent birthday and holiday gifts as well as a meaningful way to honor a member of your family or a friend. Pledges can be made to this fund through December of this year with donations being paid in full by January 31st, 2007. These funds will be used to help us increase and improve our services in the new West Seattle Food Bank and Community Resource Center opening in spring of 2007. Visit our website, [www.WestSeattleFoodBank.org](http://www.WestSeattleFoodBank.org), or call for more information.

This holiday consider purchasing your Christmas tree from the **Holy Rosary School Tree Lot**. The proceeds from The Holy Rosary School Tree lot benefit Holy Rosary School, The West Seattle Food Bank, The West Seattle Helpline, and Hickman House.

**Viking Bank** has moved into the neighborhood and has donated \$1,500 to the West Seattle Food Bank as their gift to this community. Welcome to the neighborhood, Viking Bank and thank you!

We would like to extend a very big thank you to all who participated in the 3rd annual Crop Walk. The **Coalition of West Seattle Churches** were joined by churches throughout Seattle for this event that raised close to \$9,000 for hunger relief efforts in this community and throughout the world.

**Prudential Northwest Realty** recently raised over \$650.00 and 1,500 pounds of food to support the West Seattle Food Bank.

Keep those receipts coming! **Metropolitan Market** and **West Seattle Thriftway** have donated over \$4,450 since the beginning of this year as a result of the 1% program. Drop off your receipts or send them in and we will turn these receipts into cash to help us carry out our mission.

Would you like to stop by and donate in person? We are open the following hours to accept donations

Monday - Friday 9 am to 3 pm

Wednesday 9 am to 7 pm

Or by appointment

If you would like to make a nonperishable food donation and we are not open please visit one of the sites of our permanent donations bins.

## Countrywide Home Loans

Westwood Village

2515 SW Trenton Street Suite N103

Seattle, WA 98126

## Metropolitan Market

2320 42nd Ave SW

Seattle, WA 98116

## PCC

2749 California Ave. S.W.

Seattle, Wash. 98116

## Tom's Automotive

3616 SW Oregon Street

Seattle, WA 98126

## West Seattle Thriftway

4201 S.W. Morgan St.

Seattle, WA 98136

## Washington Federal Savings

4700 42nd SW

Seattle, WA 98116

**Community Support helped us respond to over 25,000 requests for food last year. Thank you for your generous support.**



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It's Our Nature!



## Board of Directors

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## Staff

Frances Yeatts  
*Executive Director*  
Jack Wagstaff  
*Manager of Operations*  
Debra Burnett  
*Operations Assistant*

## Newsletter

DBG Graphics

## Food Bank Hours:

Monday: 9 a.m. -3 p.m.

Tuesday: 9 a.m. -3 p.m.

Wednesday: 9 a.m. -7 p.m.

Thursday: 9 a.m. -3 p.m.

Friday: 9 a.m. -3 p.m.

or by appointment

## Wish List

- ◆ Diapers
- ◆ Baby formula
- ◆ Paper & plastic bags
- ◆ Protein items
- ◆ Ensure
- ◆ Pet food
- ◆ Soap & toiletry items
- ◆ Copier paper

## Mission Statement

West Seattle Food Bank is committed to eliminating hunger in our area.

We do this by:

1. Securing and distributing quality nutritional food to clients
2. Educating clients about good nutrition
3. Increasing public awareness of hunger in our community
4. Coordinating community services for clients
5. Assuring continuity of services to clients through a convenient, accessible location.